MEET DATE: Saturday, May 13, 2023

SCHEDULE: **Saturday Session 1:** Warm-ups at 8:00 AM -9:00 AM, First Event: 9:05 AM

**Saturday Session 2:** Warm-ups not before 11:00AM, One hour warm-up session

First Event: 15 minutes after conclusion of warm-ups.

LOCATION: DeForest Area High School, 815 Jefferson Street, DeForest, WI 53532

FACILITY: Indoor 25 yard pool with eight 7’ lanes, non-turbulent lane markers, backstroke flags, 29

1/2” Keifer starting blocks, guttered pool. Pool depth is 12’ 6" at the starting block end and 3 ½’ at the opposite end. All 25 yard events will start off blocks, but for 100 yard relays 2nd and 4th swimmers will start in water. **The Competition course has not been certified in accordance with 104.2.2(C).**

TIMING: All events will be timed using Colorado 6 Timing System with Strobe/Horn Start, Touch pads,one button, and 2 watches as backup, with exception for the following races: all 25-yard races will be

timed with 2 electronic stop watches and minimum of one button and all 500 yard races will be

timed with 1 electronic stop watch and one button.  All events will be timed finals.

OFFICIAL RULES: Current USA and Wisconsin Swimming Rules shall govern this meet. **All swimmers must hold current 2023 USA Swimming registration.** Relays: First and last names of competing swimmers and order of swimming must be listed on relay card along with age, prior to swimming the relay. No Recall Starts.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

WARM-UPS: Warm ups will be split into two 25 minute warm up sessions and will be assigned. **Feet first three-point entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition.** Meet Marshalls will be on deck during the entire warm-up, with authority to recommend disqualification from individual events.

ENTRIES: Completed entry forms, signed waiver, and fees must be received by **Saturday, April 29th, 2023.** Preferred method of entry is by e-mail in HY-TEK COMMLINK format. **You can download a meet setup file (zipped) from the WI web site.** Current USA Swimming ID number MUST be included on the entry form. All deck entries must be able to prove USA Swimming membership. Out of state swimmers must show their current USA Swimming card prior to swimming.

MEET DIRECTOR: Stacie Wagner

PO Box 215

DeForest, WI 53532

Phone (608) 225-5342 [Co-MeetDirector@dfacswimming.org](mailto:Co-MeetDirector@dfacswimming.org)

DISABLED ATHLETES: Please indicate on the entry form any special needs by a swimmer.

ENTRY LIMIT: Only the first 200 swimmers, or until timeline is full will be accepted. Meet management does reserve the right to limit heats if for some reason there are time issues. Entries not accepted will be notified by email as soon as possible. SWIMMERS ARE LIMITED TO FOUR (4) INDIVIDUAL EVENTS PLUS ONE (1) RELAY.

AGE GROUPS: 8&U, 10&U, 11-12, Open (Age as of 05/13/2023)

ENTRY FEE: Individual Events: $ 6.00

Relays: $13.00

Splash Fee $ 4.00

Admission Fee $10.00

AWARDS: Awards for relay events will consist of ribbons for 1st - 8th place. Awards for individual events will consist of medals for 1st-3rd, ribbons for 4th – 16th place for the following age groups: 8 and under, 9-10, 11-12, and 13-14. 15 and older will not receive awards. Heat winners for all ages will receive a reward. Group distribution of awards to coaches will be permitted and/or mailed.

FINAL RESULTS: One copy of the Meets final results will be sent to each teams designated recipient. Results will also be posted on both the DFAC and Wisconsin Swimming websites.

SEEDING: This is a PRE-SEEDED meet. IT IS THE SWIMMERS RESPONSIBILITY TO BE AT THE BLOCKS AT THE START OF HIS/HER EVENT(S). Staging assistance will be provided for 8&U individual events.

DECK SEEDING: Deck seeding will be allowed only to the limit of filling partially filled heats. A $7.00 charge per event, $3.00 surcharge, $4.00 splash fee and $10.00 admission fee per athlete will be assessed for deck seeding. Deck seeding will close at 7:30 am for the AM Session and 30 minutes before the other Session starts. Swimmers unable to prove USA Swimming membership will be charged a deck-registration fee of $78.00.

Coaches’ packets will be available at the data entry table. Coaches and Club Officials desiring to be on deck will be required to display proof of current USA Swimming membership at all times.

CHECK-IN Positive check in is required for 500 Freestyle. Each event maybe limited to 24 swimmers and in combined heats. Heats will be swam fastest to slowest. Check-in must be completed before that session’s warm ups have been completed.

MAAPP POLICY: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (MAAPP”), will govern this meet. An athlete member at a sanctioned meet who is 18 years of age or older, who had not completed the Athlete Protection Training (APT) by the date of the swim, will not be able to upload into SWIMS. These athletes will also be considered “not in good standing” and can be subject to fines under Wisconsin Swimming Policy 11.2.1.

ADMISSION: Heat sheets will be available on line before the meet.

CONCESSIONS: A large selection of food will be available at reasonable prices throughout the day.

MEET CONDUCT: In accordance with USA Swimming rules, NO SPECTATORS ARE ALLOWED ON THE POOL DECK. In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is prohibited. Fly over starts may be used. Except where venue facilities require otherwise changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and strongly discouraged.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue pool, athlete/coaches areas, spectator areas and open-ceiling locker rooms. Any time athletes, coaches, officials and/or spectators are present. Exception may be granted with prior written approval by the Program Operations Vice Chair.

OFFICIALS: Meet Referee: Suzanne Burgener [sgburgener@gmail.com](mailto:sgburgener@gmail.com)

Administrative Official: Jeff Berkley [jjberkley@gmail.com](mailto:jjberkley@gmail.com)

**LIST OF EVENTS**

**All entries must have a time (converted time or time trial allowed)**

Warm-ups 8:00-9:00 am, Meet starts at 9:05 AM

**Session I**

**Girls Age Event Boys**

1 11-12 100 Individual Medley 2

3 Open 200 Individual Medley 4

5 11-12 50 Freestyle 6

7 Open 100 Freestyle 8

9 11-12 50 Breaststroke 10

11 Open 100 Breaststroke 12

13 11-12 200 Freestyle 14

15 Open 200 Freestyle 16

17 11-12 50 Backstroke 18

19 Open 100 Backstroke 20

21 11-12 50 Butterfly 22

23 Open 100 Butterfly 24

25 Open 200 Free Relay 26

**20 Minute Optional Break**

27 Open 500 Freestyle\*\* 28

\*\***The 500 freestyles will be a positive check-in. Maybe limited to 24 swimmers in combined heats. Swimmers need to provide their own counters.**

**Session II**

(Warm-ups not before 11:00 am)

### Girls Age Event Boys

29 10&U 100 Individual Medley 30

**Five Minute Optional Break**

31 8&U 100 Freestyle Relay 32

33 10&U 200 Freestyle Relay 34

**Five Minute Optional Break**

35 8&U 25 Freestyle 36

37 10&U 50 Freestyle 38

39 8&U 25 Breaststroke 40

41 10&U 50 Breaststroke 42

43 8&U 25 Backstroke 44

45 10&U 50 Backstroke 46

47 8&U 25 Butterfly 48

49 10&U 50 Butterfly 50

51 10&U 100 Freestyle 52

**Waiver**

In consideration of the acceptance of these entries, the undersigned hereby, for myself and all the members of the team represent together with their heirs, representatives and assigns, waive all claims against United States Swimming and the Wisconsin Swimming Committee, DFAC Swimming, and the DeForest Area School District, and any other agents of this meet for injuries and any other expense incurred by myself or any person on behalf of my club at the meet or on the road to and from the meet.

Signature of Team Official \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Team Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Team Abbreviation \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Coach(es) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address for Final Results \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_\_\_\_\_\_\_\_

Contact: Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone (\_\_\_\_\_\_\_) \_\_\_\_\_\_\_\_\_\_\_\_

Email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**SUMMARY OF ENTRY FEES**

Number of Individual Swims \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ x $6.00 = $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Number of Swims Reserved \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Reservation $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Balance Due for additional swims (enter zero is less) $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

##### EXCESS RESERVATION MAY NOT BE APPLIED TOWARD RELAY & SPLASH FEES

Number of Swimmers \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ x $4.00 = $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Number of Relay Swims \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ x $13.00 = $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Admission Fee \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ x $10.00= $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Total Entry Fee Due $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Make Checks Payable to: DFAC Swimming**

**Mail Entries and Waiver to: Stacie Wagner**

P.O. Box 215

DeForest, WI 53532

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